

Overberg Food Distributors Product List

Poultry

- Whole chicken
- Fillets
- Breast on bone
- Wings
- Leg quarters
- Livers
- Necks
- Gizzards
- Feet
- Full crumbed ranges
- Dumsticks
- Thighs

Beef

- Rump
- Sirloin
- Fillet
- Silverside
- Topside
- Chuck / blade
- Goulash
- Mince
- Burgers
- Trimmings
- Fat
- Sausages
- Bones

Pork

- Legs whole / deboned
- Shoulders whole / deboned
- Neck whole / deboned
- Fillets
- Sausages
- Shanks

- Liver
- Belly ribs
- Loin ribs
- Trotters
- Bones

Wild Meats, Wild Fowl and Duck

- Kudu
- Springbok
- Ostrich
- Assorted venison
- Rabbit
- Smoked venison products
- Quail whole
- Smoked ostrich
- Smoked Springbok
- Duck breast
- Duck liver
- Smoked kudu
- Smoked warthog
- Smoked crocodile
- Duck whole

Bacon, Sausage and Cold Meats

- Back bacon
- Streaky bacon
- Shoulder bacon
- Neck bacon
- Prime cut bacon
- Sandwich ham
- Parma ham
- Cervelate salami
- Cooked salami
- Pepperoni
- Bacon pieces
- Russians (variety brands)
- Cheese grillers
- Breakfast gysey ham
- Hickory ham

Fish and Seafood

- Calamari (various)
- Mussels meat
- Mussels half shell
- Prawns (various sizes)
- Hake
- Yellowtail
- Angelfish
- Red mullet
- Snoek
- Barracuda
- Tilapia
- Pilchards
- Dorado
- Kingklip
- Bait
- Crumbed range: fish fingers, fish cakes
- and portions

Variety Items

- Ice cream
- Frozen variety berries
- Par-baked breads
- Variety frozen vegetables
- Butter, margerines, mini pats
- Springrolls
- Samosas
- Oil
- Cocktail pies
- Mamma's bake-off pies
- Mans meal pies
- Big Jack pies
- Cocktail pies
- Cream cheese
- Gouda cheese loaves
- Cheddar cheese loaves
- Pizza bases
- Feta
- Olives

- Grated cheddar
- Grated pizza mix
- Milac imitation cream
- Mozzarella loaves
- Muffin mixes